

# CONNECT WITH GOD THROUGH EXPRESSION

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You connect with God through expression. When you express through creativity, you are beholding your Creator and reflecting His image. You feel the closest to God when you are able to commune with Him while creating something - whether it is through writing, drawing, painting, playing an instrument, dancing, filming, editing, styling, or anything that is creative. This is how you have conversation with the Lord. You may create during your encounter with God, or after you have heard from Him. When you create, you can slow down to hear God and catch the revelatory gifts He wants you to partner with. When you create, you are able to enter into freedom because you surrender yourself and your thoughts, and are able to hear God's voice. Because you are looking at the Lord when you are creating, there is an intimacy that is shared. There is sanctity in knowing He has trusted you. There is surrender, communion and a closeness that you experience when you are creating with the Lord that brings healing to your heart, fresh revelation, and innovative ideas and solutions. Creating can be a healing balm to you because your expression is an avenue of connection with the Holy Spirit where there can be an exchange of lies for His truth. This is how the Lord speaks to you in the way you will understand Him. You are reflecting the nature of your Creator when you express in creativity, so behold the Creator, and create.

## SUGGESTED ACTIVITIES

- You are able to be His expression when you know what is on His heart. In your daily encounters, seek His heart and His mind by asking Him what He is saying and doing. Create from this space.
- Create a space to connect with God. Create an altar in your home where you can remove distractions to hear His voice and create from a blank canvas. Create a space that appeals to your five senses - sight, sound, smell, taste and touch. Light a candle, adjust the lighting, play music, etc.
- Identify what creative outlet you need to be engaging in. This is how you respond to what you are hearing God say!
- Enter into your divine imagination. Don't discredit the imagination that God has given you.
- Sometimes you need to express before you enter into His presence, so you can surrender and process with Him. Other times you create after your daily personal encounter. Discover when you should create instead of resisting what you are feeling and how He is leading you.

## SCRIPTURE

Genesis 1, Exodus 31:1-11, Exodus 35-36, Deuteronomy 28, Psalm 51:10, Proverbs 22:29, Ephesians 2:10, Colossians 3:23-24

## ENCOURAGEMENT

As a creative, you can't get away from being creative! Embrace your creative tendencies instead of trying to push them aside. To encounter God is to let Him see you fully. Don't resist how you were created. He has made you in His image to be creative. Those who connect with God through expression use their creativity to encounter God's presence, but also have the unique opportunity to bring other people into an encounter with the Lord through their gift.

Remember you are ministering unto the Lord and not unto man. The worst thing you could do is draw attention to yourself; the best thing you can do is draw attention onto God! God delights when you connect with Him the way He created you to! When you are intentionally pursuing intimacy with the Holy Spirit while creating, He is removing any guilt or shame. This is intimacy and not performance.

## BOOKS

- Called to Create by Jordan Raynor
- Awake by Bosa Odiase